

UMINA BEACH MENS SHED INC. JULY 2022 NEWSLETTER

Welcome to the Shed's July Newsletter and our apologies for its delayed release but hopefully you will find it interesting and enjoyable. It's amazing to think and realize that we are already well into the eight month of 2022 - the floods, Covid 19, bad weather, inflation etc certainly do not appear to have slowed the passage of time! Right now is the time for our 'handy skilled members' to start thinking and actioning a start to designing and creating Christmas presents for family members and also hopefully items that the Shed can sell as we head to the festive season.

As you are all aware our new Shed's construction is well underway, albeit that we have a substantial amount of work to complete following the erection of the shed's frame work and outer skin. During one of the early morning security checks being carried out at the new site – a beautiful rainbow appeared over the building. We took a photo using our phone to simply record the event and to pass it on to our members and sponsors.

Somewhere way back in folklore, a rainbow strongly suggested good luck and fortune. A great thought and lovely idea for the location!



A couple of weeks ago several members volunteered their time to visit the new shed site and undertook a project to basically clean up and dismantle some donated previously

unused wood frames, so that the timber can be utilized within the new structure.



We were approached a short time ago by a local organization which focuses on mentalhealth [One Door Mental Health] and requested to make a structure for “Bean Bag throwing competitions”. At the outset we had to ask for diagrams and dimensions etc, butonce we had those our member Tony D jumped at the opportunity to handle the project.

Unfortunately, he got a dose of the ‘flu and also damaged his leg but the ever resourceful Tony managed to complete the project at his home and once out of the health problems, drove up to the Shed to deliver the finished product.



Having delivered the project back to the Shed he headed back home, we called the One Door Mental Health organization to advise them the Bean Bag Toss Board was in fact not “ready to go”. Hugh Worrall from that organization arrived shortly after we called, but Tony

had already gone back home. Fortunately, Bill S and Lionel B were available to hand over the project to Hugh Worrall, who was not only grateful to the Shed and Tony for their efforts but also was delighted with the finished product.



This next item doesn't have any photo but is well worth a good mention and that is, at one point our member Warren D just didn't have a project to work on but rather than stand around, he got solidly into a tidy up of the loads of items and tools etc just left lying around the Shed. On behalf of the committee a big thank you Warren, it was a much needed start up and we will need many more of our members to follow your initiative. There is a massive amount to tidy up and sort out across the whole area of our existing Shed, which has to be undertaken, to make the areas more workable, safer and in preparation for the relocation in a few months time.

Now, let's look at a very artistic set of salt and pepper grinders that one of our members created, O.K. the actual grinder mechanism is a purchased item, but then incorporated in a hand turned beautiful wood hand grip/dispenser. The items were sitting on the side of the bench unattended when the photos were taken – so we will all have to guess/workout who the craftsman is.



In specific regard to Health Matters and well being, for this edition of the newsletter, we would like to draw members' attention to an article that appeared in the Weekend Australian Magazine July 30 – front of cover heading Blurred Lines. A shock diagnosis. A confronting treatment. And Tim Baker is left wondering what is it to be a man? Tim Baker is an award winning surf writer and author. He was a fit 50 year old surfer when he received a shock diagnosis – advanced prostate cancer. But nothing could prepare Tim Baker for the treatments drastic side effects. It is a very interesting article and we think well worth a read – however, rather than filling up this newsletter with the three page article, we will Photostat some copies and they will be available to take away via Bill G at the office.

Continuing on the subject of Health, the Covid statistics announced recently reflect high numbers of infections, hospital numbers and death rates that seemingly identify high percentages of unvaccinated casualties. With the variants and mutations of this Covid infection it is vital that we all keep our vaccination status at the highest recommended level, and that's not just us 'oldies' but at every age sector designated by the health authorities. When you think about the number of retired people that have ended up with the 'flu and those with a shingles attack that failed to have a prior protective vaccination – surely you have to wonder! Wearing masks, sanitizing and making realistic efforts to stay safe, still makes a lot of sense when one looks at the statistics - the world is not out of the woods with this problem as yet.

John P has kindly provided us with a photograph of one of his recent projects, which was the rejuvenation of an outdoor table. He dismantled the item completely, cleaned up the metal frame and had the welders attach new metal to support the table top runs which he cut down and machined from existing materials that he located in the container. Certainly, delivering a new life and classic look to an old and much loved, outdoor table. Then as a reflection John P also wrote the following poem.



The Table Turns
It came into the workshop
in a very sorry state
but We resolve to restore it
and make it look just great

We wire brushed the metal work
until it shone like new
and Warren welded up
where it was rusted thru

Ritchie gaily painted it
with artistic hand
It's going to look fantastic
where ever it may stand.

We cut and planed the woodwork
to make the tabletop
another lovely product
of our little workshop

And Geoffrey came and gave advice
as only Geoffrey can
but this time He amazed Me
and even lent a hand.

Pommie John.

The last Sunday of the Month [July 31] heralded the Lions Club Car Boot Sale. The Shed, understandably, needs to generate funds to meet operating expenses and replace consumable items etc. So, in effect, we need to have all our members looking out for opportunities to raise funds and to consider volunteering their time and skill level to participate in such activities - as it happens most of them are fun and interesting and provides a good opportunity to socialize and interact with the public. Below is a photograph of the team of lads who took part in the Lions Car Boot sale at the end of last month – yes, an early start but a nice morning for the event.





Newsletter

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Prior to the Covid arrival our Shed used to organize occasional 'outings or visits' to places of interest and the majority of them went well and were enjoyable. As travel and things open up again, do you as a member have an interest in participating in a day out with a group? If so we would ask that you do a couple of things - [1]tell Bill G you are interested and [2] do you have any ideas or wish to visit a particular destination suitable for a day out visit? If you do please suggest the idea to Bill G. We will base our efforts on the level of responses.

Well, that brings us to the end of this edition, we trust and hope you found it interesting, and as usual we encourage members and sponsors etc to contribute articles and ideas for the Newsletter.

Happy Shedding

Bill G and Vic B.