

Umina Beach Men's Shed April 2025 Newsletter.

Welcome to the Shed's April Newsletter and hopefully this edition finds you in good form and well prepared for winter. When we say well prepared, that old question bobs up, "when did you have your last service?" the flue and co-vid protecting shots are readily available at the Doctors and Pharmacy's right now and there is also a big push for the 2 shot Shingles vaccination [strongly recommended to the over 65's]. So if you haven't, as yet, taken up the governments support for your well being, it's suggested that you get right onto it – TODAY.



Our member Sam Panasare, with the assistance of a few other members, set about to craft a plaque incorporating the front Page of The Peninsula News edition 607. This edition covered the official opening of our Shed at Osborne Av. Sam P arranged a day and time for this current presentation, and the original founders of the Umina Shed, Bill Ide, Lionel Blayden, and Darrell Pannowitz, were in attendance and were recognized for their efforts in the development of today's facilities. During the presentation Sam P stressed the importance of remembering the efforts of all the members past and present who put their time and efforts into developing and creating the current facilities which members

use and enjoy. Pictured from left to right is Bill Ide, founding President Darrell Pannowitz and current President Gary Gilday and Sam Panasare.







As

part of our monthly speakers program at the morning tea session, Orina Ryan from Healing Hands spoke about Holistic Massage – what it actually does and the benefits that the individual takes on from this type of massage. The members attending thought it was an interesting and beneficial, morning tea session.



Whilst on the topic of morning Tea, Larry S and his band of helpers decided to improve the look of the meeting room by painting the wooden cladded walls, in order to do this without impacting on the normal usage of the meeting room the work was undertaken on a Monday afternoon and Tuesday mid morning. A nice job and really improves the look of the room, so a big thank you to Larry and his team of volunteers for the work, skill and extra time they put in, we are sure the rest of the members will also be very appreciative.



John P and his trusty team of “toy makers” have been beavering away on a great variety of Toys, and they have developed a range of new skills and talent in the production of the many and various individual parts that go into making many of these toys. For instance here is a picture of the latest train and carriage, just look at the detail!



Then here we have Ron F with a delightful “noughts and crosses” kit again part of the program for the sick children.



Another interesting challenge arrived at the gate this month accompanied by Ladies from the Everglades Bowling Club, they wanted their existing “Tag Box” cut down in size in order for them to use it. It was a beautiful piece of crafted wood work and as such our lads did not want to cut it up etc. So they set out to build a new one, fortunately it was on one of those days that Lionel B attends, and being the old crafty experienced wood worker he is,

he showed the lads how to go about the task and which machines to use etc and having started the job was quickly able to hand it back over to them. Unfortunately when the photo was taken of the finished product the photographer did not capture the team of craftsmen that participated. So our apologies but no doubt you know who you all our – so well done the Lady bowlers were also delighted!



May is also “Volunteers Month’ according the Australian men’s Shed Association [AMSA], so before we close this edition, we think it is timely to thank all those members who volunteer their time and skills in regard to our fund raising activities e.g. – lawn mowing,

outside BBQ's, Pub gardens, gate keeping at the rugby finals w/end, then we have the bottle/can collectors and returners, etc relocating the Tea Cosy team [up coming] and so on. Most of these joint activities are healthy outdoors and great opportunity to socialize with other Shed volunteers and members of the public. We also have members who work in garden at the Shed and those that clean and service the toilets and kitchen areas. So if any of our members who have the time and inclination and would like to join and assist in any of these on- going activities – please talk with Bill G or Graham B. Before we leave the topic of time spent volunteering we should also recognise the committee member's holding the positions of Treasurer, Secretary and President they put in, very significant numbers of hours each every month, so it's "a big thank you" to them also, for all their efforts.

That brings us to the end of this month's edition, if there are particular topics or items you would like us to cover or include in the monthly Newsletter, please talk with us [Vic B. and Bill G]

Happy Shedding

Bill G and Vic B