

Umina Beach men's Shed Inc May 2026 Newsletter.

Welcome to the May 2026 edition of our Newsletter, it has been a busy month with good levels of attendance most days, with quite a few projects being completed and commenced.



A very active CPR advocate visited our Shed to talk to the members about the importance of having a CPR facility “close to hand and ready to go” if a heart a issue is underway. Speed is of the essence. Which is why he promotes having CPR equipment installed and available at beaches, shopping centres, sporting venues etc etc. He ran us through the procedures and energy levels required to have a chance of delivering a positive result for a patient. It's not often that a group of lads sitting around the “table of knowledge” expressed that level of attention and questions etc. We think that everybody would agree that it was an excellent and rewarding 30 min morning tea session. Well done and many thanks to Richard Grimond.



It's great when somebody comes up with an idea to turn what would be scrap into something of use /value, especially to a community organisation. A member of the public approached the welding team with several pieces of "offcuts" from a trolley frame, that were originally heading to the scrap yard. The fellow explained his idea and the lads looked in and around the welding area for bits and pieces that would complete the design. Within a couple of days – a seed rack had been constructed, painted and delivered to the local community garden – they were {so we are told} wrapped!



We think it's great to see ancient technology being deployed in today's world. The lads wanted to relocate a tall storage cabinet which was full of items – from one side of the wood machine area to the other. They didn't want to unload all the items -no problem the lads deployed Egyptian/Roman technology to move it as it was! Sourcing a few short lengths of steel pipe, jacked up the cabinet, rolled the pipes underneath it and "simply rolled" the cabinet across to its new destination, great to see.



Several of our members have been busy making toys and items of interest for youngsters. The saying whilst it's time absorbing and energy sapping, the finished items deliver back that energy factor once the new owner handles/plays and gets excited with new toy.



The ladies from Pearl Beach who run the “Father Christmas photo sessions on the beach to raise funds for a local charity, needed a new bench seat. AS their photo location is on the beach and under a Norfolk pine tree – the design requested had to be suitable for stabilising on sand and light enough to move to and from the beach. They are certainly preparing well in advance for this year’s December – well ahead of the Xmas rush!!



One of our regular painters Rich, has been away for a while – but back now and hard at it, straight away. Seen here painting a recently built street library box, which the new owners are patiently waiting for. We have lots of these street library boxes in and around the peninsula and despite being out there and busy for several years – there condition appears to stay strong – well done team.



In a previous edition we provided the story of the lady who provided that enormous section of quality timber -out of which Ron F took a small segment and turned out a beautiful bowl. The lovely lady travelled from Gosford just recently to visit our Shed for the first time, after a tour Ron F presented her with the bowl and expressed our thanks and gratitude.



The w/end of the 23 May saw our BBQ volunteers hard at it at the IGA – the photo was of the early shift and the lads were bright and cheerful and interacting well with the public and showing off and even selling some of our beautiful toys made at the Shed. Again a big thank you to all our volunteers who undertake, supplies, catering, BBQ's, lawn mowing, garden watering, cleaning, committee tasks etc all very much appreciated.

Photo IGA BBQ



Gary [the President] and John [secretary] are organising a series of “induction sessions” which are for members who joined in the last couple of years, to be acquainted with important aspects of our Shed, -e.g. the assembly point, emergency protocols, arrival /departure procedures, safety regulations – health protocols etc. Please make sure we all check in with Gary G and John P during the next week or so.

Well that brings us to the end of this edition – so here is wishing all our members, Happy Shedding.

Vic B Bill G