

Umina Beach Men's Shed Inc June 2026 Newsletter.

Welcome to the June 2026 UBMSI Newsletter. Having been away from the Peninsula travelling in OZ, I thought I should share with you my thoughts on living on the Peninsula. With the likes of Coles, Woolworths, Aldi, IGA, two great surf clubs, lovely beaches, 4 clubs, Emergency Clinic, Health testing facilities, Doctors, Dentists, 5 chemists, legal facilities, a sizeable range of schools – oh and a couple of Men's Sheds, all on our door step ! The view is, we live in a really great part of Australia!

O.K. what's been happening at the Shed over the last few weeks – attendance has been strong and projects and laughter rolling out.

Our Shed was asked by the Salvation Army to assist and support this year's Road Side collection on the Sunday – several members volunteered for this task and when they reported back, they said it was an interesting and enjoyable time interacting with the public at the curb side.





Whilst lots of our members like to focus on their own projects there are many that enjoy taking on projects from outside, we have a few requests from retirement homes that care for the aged and mentally challenged patients, to make some interesting items. One such request was a “memory board”, a couple of members took that challenge up. They brought together a collection of “yesterdays” fittings, connectors, switches, telephones etc and mounted them on a board. Apparently this type of facility is utilised to attempt to trigger the memory of the patients and get conversations going etc – we are informed that such items work well



The second project in this mental field was the design and build of a food service trolley, which can be stocked with all sorts of items [very visible] including toys etc. The trolley is then rolled around various wards/ lounges etc again to spark the interests and involvement of the residents.





Fund raising for our Shed is never very far from the main agenda – simply to keep the Shed operating and healthy. John P and his team have been working for the last few months creating and making toys and items that could potentially be sold. Likewise Mario G and Ron F. Have been machining bowls and cutting boards etc again with the view to selling them to raise funds.





John P arranged with the Management of Deep Water Plaza to set up a stall,[to sell these items] on one of the major walk ways inside the Deep Water Plaza complex. It made for a big day, transport all the items down to the plaza from the Shed ,set up, sell all day, take down late afternoon and return unsold items to the Shed. However the good news is that not only was it a busy day, it was a successful day in terms of selling items and interacting with the public and a good deal of interest in our Shed – and some likely new members in the wings.







Our Shed was again fortunate to obtain a shift on the IGA BBQ –albeit on the same w/end as the Deep Water Plaza project – the lads did a great job, lots of happy customers and lovely interaction with the public and the opportunity to promote our Shed and its activities.

Just before we close as move into the second half of 2026, the start of a new financial year etc it's time to ask ourselves “ ***when was my last service ?***” come on now let's check to see that all our medical issues are up to date, vaccinations for flue, Co- vid, pneumonia, shingles and so forth are all up to date.

Well that brings us to the end of this edition, we hope you enjoyed it – if you have any ideas about other topics /issues that you think we should cover, please talk to the lads mentioned below.

Happy shedding

Vic B and Bill G